

HOLA MEXICO – History		
L/O: To understand the significance of different types of Ancient Maya food	What I think	My teacher thinks
<i>I can remember to:</i>		
Name different foods that were eaten by the Ancient Maya people	☐	
Explain how the food was used	☐	
Explain why certain foods were particularly significant	☐	

Picture	Name	Explain
	Chilli Peppers	
	Cacao	
	Squash	
	Maize	

Explain

This was a very _____ crop and formed up to 80% of the Maya peoples' diet. It was made into _____ and porridge.

tortillas important

This _____ was grown by the Ancient Maya and used in _____.

stews vegetable

The Maya used these beans to make a _____ drink. The beans were highly valued in Maya society and were also used as a form of currency, in religious ceremonies, and mixed with herbs to make _____.

medicines chocolatey

These were grown and used as _____ in all sorts of cooking, including the chocolatey _____ popular with the Ancient Maya people.

drink spices

