

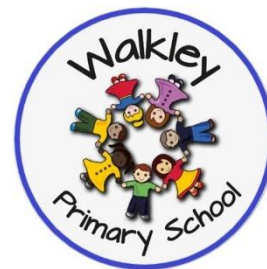
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Chair of Governors: Andy Wilcock

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Acting Headteacher: Chris Wallis

Acting Deputy Headteacher: Jenna Leverton

'Enjoyment, Achievement and Learning for life...'

17 January 2022

Y4 Swimming 2021/2022

Dear Parents/Carers,

This is to inform you that your child will be taking part in a course of swimming lessons (as part of the mandatory National Curriculum) on Monday afternoons beginning **Monday 7th February** at Upperthorpe pool at the ZEST Centre and continuing until the end of the academic year.

The aim of these lessons is to teach your child to: perform safe self-rescue in different water-based situations; Swim competently, confidently and proficiently over a distance of **at least 25m** and use a range of strokes effectively, for example, front crawl, backstroke and breaststroke. As well as learning to swim the basic strokes, your child will learn how to be safe around different water environments e.g. beaches, lakes, canals etc. Your child will know how the skills they learn in their swimming lessons can be used in an emergency situation.

As a parent or carer, you play a vital role in encouraging your child to swim and to help them to learn about water safety, survival and lifesaving before they attend their school swimming sessions to ensure that they get the most from each and every lesson.

The school swimming service also request that:

- Swim shorts for boys should be no longer than knee length.
- Girls are required to wear one-piece swimming costumes (no bikinis/tankinis to be worn).
- Lightweight materials only.
- No jewellery to be worn. Ear piercings must be removed and a new piercing will prevent children from attending lessons for six weeks.
- Long hair is tied back (children to bring their own bobbles if needed).
- Each child needs to bring a suitable sized towel inside a bag separate to their school bag.
- Shampoo, conditioners and other hair products are **not** required.

Please ensure your child brings their PE kit in a suitable bag **every Monday**, which also contains a separate plastic bag into which they can put their wet swimming kit for returning to school. This is to prevent water soaking through their bags and onto their backs. School uniform should also be named to minimize risk at the pool and the mixing up of clothes in the cubicles. Children will not be using the showers due to COVID restrictions, but will need a towel to dry themselves off after their swimming lesson.

The swimming staff prefer that the children **do not** wear goggles. However, if your child needs to wear them for health reasons, please ask for a permission slip.

You can watch a video walkthrough of the arrival to Upperthorpe pool here:

https://www.youtube.com/watch?v=k_NzlWk_kY0 More information can be found here:

<https://www.swimming.org/schools/parents-and-pupils/>

Please complete the form on [Pay360](#) to give permission by **Friday 28th January**, indicating any relevant health issues/medication that we should be aware of. If your child uses an inhaler, it is important that this is taken to each session.

If you have any concerns please contact enquires@walkley.sheffield.sch.uk

Many thanks,

Mr Earl

Y4 Class Teacher