

# PACKING LIST

Please use the following checklist to help pack bags:

- ✓ One swimming towel and costume (where required)
- ✓ One bath towel
- ✓ Toiletries bag containing: toothbrush, toothpaste, soap, hairbrush etc
- ✓ Night clothes
- ✓ Socks and underwear
- ✓ Four t-shirts, shirts, blouses (at least one with long-sleeves), sweatshirt (two in winter)
- ✓ One thick sweater plus one light sweater
- ✓ Three pairs of trousers and/or jeans and/or tracksuit bottoms
- ✓ Clothes for the evening activities
- ✓ Waterproof jacket (and trousers if you have them)
- ✓ Sturdy shoes or wellingtons (even in summer)
- ✓ Two pairs of trainers (one old pair)
- ✓ Large plastic bag for dirty clothes
- ✓ Gloves, hat, scarf (in winter)
- ✓ Water bottle
- ✓ Hat and sunscreen (in spring and summer)
- ✓ Rucksack for off-site studies (if applicable)
- ✓ We recommend advising your young people to bring some money with them (no more than £10) in case they would like to make a purchase in our centre shop. Our shops sell snacks and drinks, as well as postcards, souvenirs, games and mementos.

\*Please note that most activities require long sleeves.

**Please do not bring:** Mobile phones, expensive cameras, electronic games, iPods or MP3 players, expensive or much cherished jewellery, expensive favourite clothing or shoes. Kingswood can't accept liability for the loss, theft or damage of any personal property your child may bring.

**IN CASE OF LOST  
PROPERTY PLEASE PUT  
YOUR CHILD'S NAME ON  
ALL ITEMS  
OF CLOTHING!**

