

## **Text: Sun Safety**

### **Task 1**

#### **L/O: To summarise what I have learnt.**

Draw a boy and a girl playing in the sun. Draw them so they are dressed safely from the sun as well as having everything they need to keep them safe.

Use information you have learnt from the text.

### **Task 2**

#### **L/O: To recognise key words within the text.**

Complete the crossword about keeping safe in the sun.

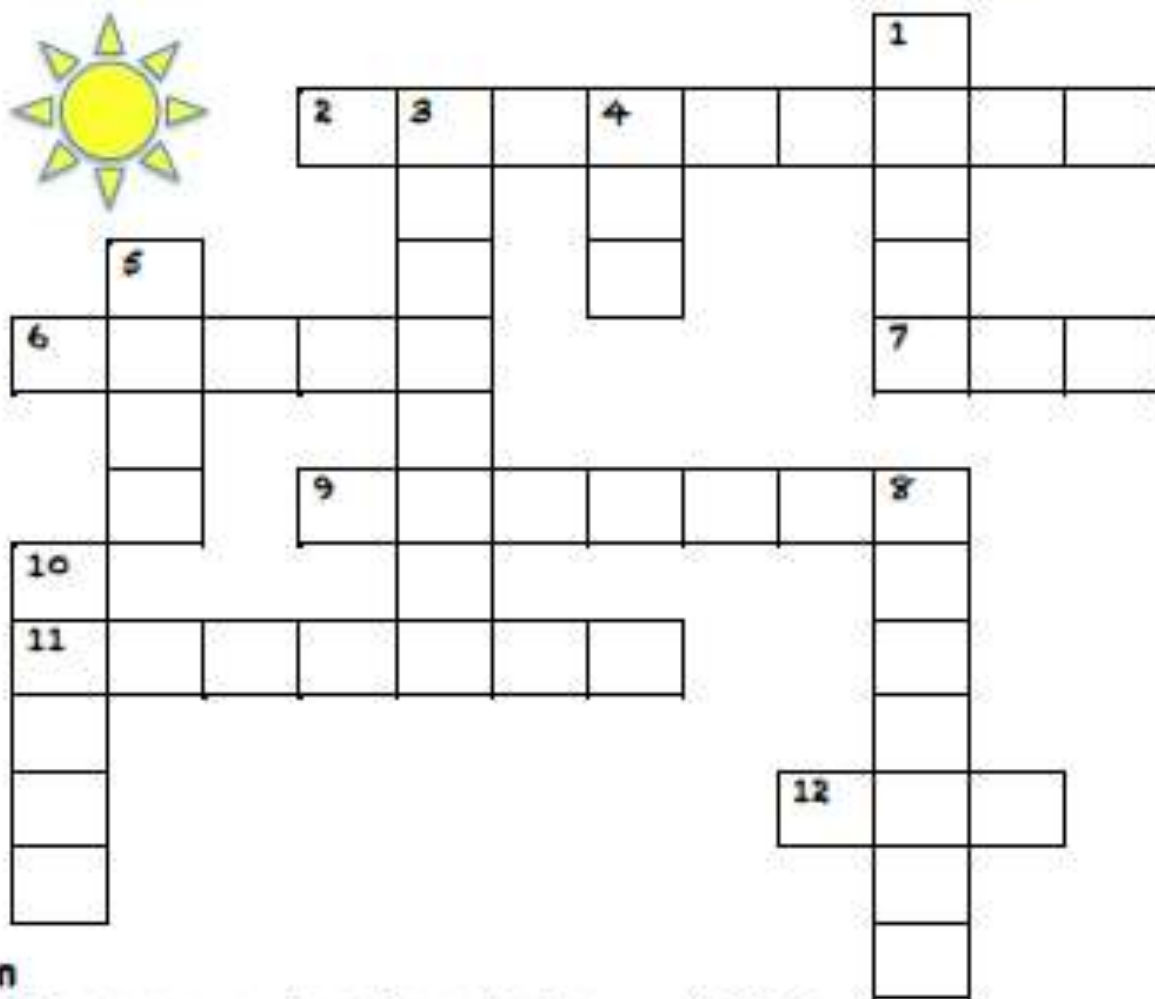
### **Task 3**

#### **L/O: To retrieve information from the text.**

**Answer the questions using the information from the text.**

- 1)** How does Vitamin D help our bodies?
- 2)** How does the ozone layer work to protect us from the sun's rays?
- 3)** How does melanin protect the skin?
- 4)** Why does sunburn happen?
- 5)** When is the sun at its strongest?
- 6)** What is it meant by the 'invisible sun'?
- 7)** What precautions should parents of babies take?
- 8)** Why is it important to reduce 'tanning'?
- 9)** What should you look for when purchasing sunglasses?
- 10)** What are the three types of ultraviolet rays which radiate from the sun? Which is least dangerous and which is the most dangerous?

## Crossword for Summer and Sun Safety



### Down

- 1 Where you go to swim and play in the sand
- 3 Blocks the sun from you when you're on the beach (can also be used in the rain)
- 4 Sunscreen can have 30\_\_\_\_\_ that helps protect your skin from the sun
- 5 This is found at the beach, and you can build with it
- 8 Your skin can get a \_\_\_\_\_ when you don't cover up and wear sunscreen
- 10 You can go into the \_\_\_\_\_ to get out of the sun (under a tree perhaps)

### Across

- 2 What you put on to protect your skin from the sun
- 6 What you drink when you're thirsty and dehydrated
- 7 What you wear to protect your head and face from the sun
- 9 What you wear to protect your eyes from the sun: (sun\_\_\_\_\_)
- 11 You help your body do this when you drink water
- 12 This produces all the heat (Hint: it's a star)