

Parents Now and Next Resource Pack

Information

You will need:

- Now and Next Visual Timetable
- Visual Timetable Cards

The Activity

- Cut out the Parents' Visual Timetable Cards you need and display them on the Now and Next Visual Timetable chart. Explain to your child that this tells them what is happening now and what will happen next. This is a helpful way of supporting children who may find it difficult to wait for something that they want.

It is also a good way of managing your child's behaviour – 'now' can be the thing you want them to do, 'next' can be the reward they will receive as a result.

- As each activity is completed, remove the card. Young children will only cope with a small number of instructions, so don't be tempted to display the whole day! You can use these to display very short sets of instructions, or to reward your child for completing a task.