

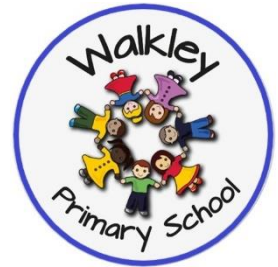
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'Enjoyment, Achievement and Learning for life...'

14th January 2022

Covid – 19 Update to Parents – Reducing the Self-Isolation Period for Positive Cases to 5 full days

Dear parents/carers

From Monday 17 January, people who are self-isolating with COVID-19 will have the option to reduce their isolation period after 5 full days if they test negative with a lateral flow device (LFD) test on both day 5 and day 6 and they do not have a temperature. For example, if they test negative on the morning of day 5 and the morning of day 6, they can return to their education or childcare setting immediately on day 6.

The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. All test results should be [reported to NHS Test and Trace](#).

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10 day period of self-isolation.

What is changing?

From **Monday 17th January** all isolation periods for positive cases, **in England**, can leave self-isolation if they:

- Take two LFD tests on subsequent days, at least a full 24 hours apart, with the first test on at least the fifth full day of their self-isolation (not counting the 'onset day').
- Obtain negative results on both these days and do not have a high temperature.

Positive cases who started their self-isolation prior to the 17th of January will be able to undertake LFD tests on consecutive days from Day 6, a full 24 hours apart, and if these tests are negative will be able to leave isolation.

What is not changing?

There is no change to isolation guidance for close contacts, unvaccinated adults still need to isolate for 10 days.

Children and young people who usually attend an education or childcare setting and who have been identified as a case may end self-isolation and continue to attend the setting as normal after 5 full days, following two negative LFD test results taken 24 hours apart. The first of these LFD tests should be taken no earlier than 5 days.

Yours sincerely

Chris Wallis

Acting Headteacher